



INFORMATION ABOUT THE RESEARCH – on the effects of Regression Therapy on myomas FOR THE CLIENT

Thank you for your interest in participating in this research project. The following text will provide you with further information about the project, so that you can decide if you would like to take part in this research. Please also read this document in conjunction with the Informed Consent Form which your therapist will provide you with.

Please take the time to read this information. And you can always ask your therapist, or if you wish, the researchers for more information. Be aware that the research is anonymized which means that your personal data such as your name will be made anonymous, and that the researchers involved in the analysis of the data will not know your name. If you wish to contact them, they will know your name, but they will also keep it confidential. If you begin participating, you can always stop any time.

What is this research about?

Several Regression Therapists have agreed to try to find out if Regression Therapy can contribute to the healing of cervical myomas. The question followed some remarkable healings of myoma's that have already happened after therapy. We would like to know if this was coincidence, or if Regression Therapy can really contribute to this healing.

The purpose is twofold.

- First, to find a way that can help women heal themselves of this frequent and often annoying or even painful problem
- Second, to contribute to evidence base on the beneficial effects of Regression Therapy

In order to participate in this research

You need to:

1. Have an official diagnosis of having one or more myomas, in the form of a written doctor's report, preferably with an ultrasound photo attached.
2. You also need to be willing to work on the problem with Regression Therapy and do in the weeks after the therapy a short daily healing visualisation which the therapist will provide.
3. Also, you need to be willing to report back to the therapist with a doctor's report from at least 6 weeks after the last Regression Therapy session.
4. We value and would like to have your feedback about the therapy and your subjective experience of your problem with the myoma. Your therapist will collect this feedback on a questionnaire.
5. If you cannot provide point 3, we would still like to have point 4. In this case, the data will not be added to the scientific research, but will still be valuable for all Regression Therapists.

Results

Of course, we hope that the result is a decline of the size of the myoma or even a total disappearing of this tumor. But, in case this does not happen, we still want the doctor's reports, before and after. Without this, it would not be a scientifically valid research.

If you wish, you can be informed of the results of this therapy by your therapist. In case your gynecologist or family doctor is interested, you can also give these results to them.

Treating therapist:

Researching therapists:

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